



# **One Ocean MBA'S CONFERENCE AND REGATTA**

***Porto Cervo***  
***19 - 22 September 2019***

## **SAILING INSTRUCTIONS**

## 1. RULES.

- 1.1 The regatta will be governed by the **rules** as defined in the World Sailing Racing Rules of Sailing (RRS) 2017-2020;
- 1.2 In the event of a conflict between the “Avviso di Veleggiata/Notice” and the Sailing Instructions, the Sailing Instructions and the subsequent communications of the race committee (RC) shall prevail;
- 1.3 FIV Prescriptions will apply. All Italian crews shall be FIV members; all other crews shall be in compliance with their National Authority Rules.
- 1.4 The official language is English. If there is a conflict between languages the English text will take precedence.

## 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board (ONB) located in the Regatta Village in front of the entrance to the YCCS.

## 3. CHANGES TO SAILING INSTRUCTIONS AND AVVISO DI VELEGGIATA/NOTICE

- 3.1 Any change to the sailing instructions or avviso di veleggiata/notice and/or communications to competitors will be posted on the official notice board (ONB) before 10.00 on the day it will take effect, except that any change to the schedule of races will be posted before 20.00 on the day before it will take effect.
- 3.2 In accordance with RRS 90.2(c), oral changes to the SI may be given on the water by the race committee VHF Channel 71. The race committee will display flag L with one sound before making the announcement.

## 4. SCHEDULE OF RACES

- 4.1 The schedule is as follows:

### Thursday 19 September

- **10.30** a.m. Race Office opening and Registrations
- **11.00** Boat assignment (Open Class J24, Off-shore Class, Cruise Class)  
– (drawing for Open Class will be carried out by Organizing Authority)
- **14.00** Crew briefing for the Open Class J24 only
- **15.00/17.00** Practice and training for the Open Class J24.

### Friday 20 September:

- **09.00** Skipper Briefing
- **11.30** Warning Signal 1<sup>st</sup> Race
- Free sailing after racing

### Saturday 21 September:

- **09.00** Crew Briefing
- **11.00** Warning Signal 1<sup>st</sup> Race
- Free sailing after racing
- **18.00** Conference & Prize-giving

- 4.2 The Regatta Village will close on Sunday, September 22 at **16.00**

4.3 The race committee reserves the right to modify the event program depending on weather conditions and other unforeseen circumstances.

4.4 The race committee will try to inform via VHF 71 its intention to start another race. Omission or failure in the emission or reception of that communication shall not be grounds for a request for redress. (This amends RRS 60.1b).

## 5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed on the flag pole on the YCCS terrace overlooking the Regatta Village. The display or removal of signals will be announced by sound signal and broadcasted on race committee VHF channel **71**. There will be no grounds for request of redress in the case of mistakes or omission of sound or radio signals. (This amends RRS 60.1b).

5.2 When the AP flag is displayed ashore, ‘1 minute’ is replaced with ‘not less than 60 minutes’ in the race signal AP. This changes RRS Race Signals.

5.3 The race committee will broadcast its intent for the day’s racing at the daily Skippers Briefing.

## 6. OFFICIAL BRIEFING

The skippers briefing will be held daily at the YCCS podium area in Piazza Azzurra at 09.00 on Friday 20<sup>th</sup> and Saturday 21<sup>st</sup>.

## 7. CLASS FLAGS

- 7.1 The class flags will be as follows:

<b>OFFSHORE CLASS</b>	<b>BLUE FLAG</b>
<b>CRUISE CLASS</b>	<b>WHITE FLAG</b>
<b>OPEN CLASS</b>	<b>YELLOW FLAG</b>

- 7.2 Class flags shall be displayed as per appendix 3.

## 8. OFFICIAL BOATS

8.1 The Race Committee boat will be a YCCS catamaran. The Race Committee boat will be the starting boat and will be identified by the YCCS Burgee and the RC flag.

8.2 Service boats will be identified by a flag with the letter “S” on a white background.

8.3 Boats used by media, photographers, film crews are not under the jurisdiction of the race committee but may be identified displaying a white flag with the letter ‘P’ or the event flag.

## 9 STARTING AREA

The starting area will be located within approximately three nautical miles of the entrance to Porto Cervo harbour.

## 10. COURSES

10.1 Coastal races are described in Appendix 1 and will be announced over the race committee channel VHF **71** and by displaying the course number on the race committee vessel course board before or at the warning signal for each class.

10.2 Windward/leeward races are described in Appendix 2, including the order in which the marks are to be passed or rounded, and the side on which each mark is to be left.

## 11. MARKS.

11.1 Marks for coastal courses are described in Appendix 1. Marks laid by the race committee will be red inflatable buoys.


11.2 Marks for Windward Leeward courses will be red inflatable buoys except for marks for a change of course, which will be yellow inflatable buoys.

### 11.3 Prohibited Passages for all courses:

boats are prohibited to pass between:

- the Islets of Barrettinelli di Fuori and the Islets of Barrettinelli
- the Sardinian coast and the Secca del Cervo
- the Sardinian coast and the Li Nibani Isles
- the Beacon of Secca Corsara and the Isle of Spargi
- the Isle of Spargiotto and the Isle of Spargi
- the Sardinian coast and the Islands of Poveri
- the Beacon of Punta Rossa and the Isle of Caprera
- the Isle of Mortorio and Isle of Soffi
- the Isle of le Bisce and Scogli delle Bisce
- the Isle of La Maddalena and the Isle of S.Stefano

## 12. SHORTENING OF THE COURSE

When the course is shortened at a mark, the finishing line shall be between the mark at which the course is shortened and a Service boat displaying the flag “SIERRA” 

## 13. CHANGE OF THE NEXT LEG OF THE COURSE

13.1 For W/L races, a course change for any leg of the race will be signaled by a race committee boat, in the vicinity of the last rounding mark. The change will be signaled before the leading boat has begun the changed leg. The race committee will broadcast any course change over the race committee channel. This changes RRS 33.

13.2 For coastal races, the race committee may change the course at a mark by signaling boats before the lead boat in class rounds that mark. A service boat will be stationed near the mark and will signal the change by displaying flag C and repetitive sounds. The letters of the remaining marks of the course and the order and side they are to be passed on will be displayed on a white board.

Any course change will also be broadcast on the race committee channel. This changes RRS 33.

## 14 THE START

14.1 Races will be started in accordance with RRS 26.

14.2 The starting line will be between staffs displaying orange flags on the race committee boat at the starboard end of the line and a service boat at the port end. The service boat at the port end may be replaced by a red mark. The race committee boat and the service boat may hold their position with the use of their engines.

14.3 Boats whose warning signal has not been displayed shall avoid the starting area.



14.4 A boat starting later than five minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS 35, A4 and A5.

14.5 The starting sequence will be as foreseen at paragraph 15.

14.6 The race committee will attempt to identify recalled boats by broadcast over the race committee channel VHF **71**. Failure of a boat to hear her recall notification and the timing and order of such hails will not be grounds for redress. This changes RRS 62.

## 15. STARTING SIGNAL AND STARTING ORDER

15.1 The sequence of the starting signals will be as follows (X means the regatta starting time):

Time	Flag	Signals		
X - 5	“CLASS FLAG”	Warning Signal	CLASS FLAG	↑
X - 4	“PAPA”	Preparatory Signal		↑
X - 1	Lowering of “PAPA”	Last minute		↓
X	Lowering of “CLASS FLAG”	Start	CLASS FLAG	↓

All signals will be possibly accompanied by a sound signal.

### **Starting Sequence for race day 1:**

Start #	Class/Class	Flag/Pennant	Scheduled Warning	Starting Line
1	OFFSHORE CLASS	BLUE	11.30	Short
2	CRUISE CLASS	WHITE	to follow	Long
3	OPEN	YELLOW	to follow	Short

### **Starting Sequence for race day 2:**

Start #	Class/Class	Flag/Pennant	Scheduled Warning	Starting Line
1	OFFSHORE CLASS	BLUE	11.00	Short
2	CRUISE CLASS	WHITE	to follow	Long
3	OPEN	YELLOW	to follow	Short

15.2 For the Offshore and Cruising classes the maximum number of races is two. For the Open Class two days of W/L racing (maximum of two races each day) are scheduled.

15.3 On each race day, there will be no warning signal after 14.00.


## **16. FINISHING LINE.**

16.1 The finishing line will be between a red buoy and a staff displaying a blue and an orange flag on a race committee service boat.


16.2 For W/L races the race committee boat is the finishing boat.

16.3 The Race Committee and or the service boat shall be left to port and the red buoy to starboard.

## **17. INDIVIDUAL RECALLS.**

Individual recalls will be made by hoisting the flag “X” ().

## **18. GENERAL RECALLS.**

General recalls will be made by hoisting the flag “First Substitute” ().

## **19. TIME LIMIT.**

The time limit for the racing is each day at 15.00.

## **20. ALTERNATIVE PENALTIES**

RRS 44.1 is changed so that only one turn, including one tack and one gybe, is required even for infringement of rules of part 2.

## **21. SCORING.**

The low point system scoring Appendix A applies. Each boats’s score shall be the sum of all her races (no discards).

Elapsed time scoring for the Open Class J24 will apply.

Scoring in corrected time for the Off-shore Class will apply.

Scoring in corrected time for Cruise Class will apply.

To calculate the Corrected Time (Time on Time), the overall length (LOA) and other items of each yacht will be considered, and the resulting time factor will be multiplied to the Elapsed Time to calculate the corrected time.

## **22 RADIO COMMUNICATION AND ELECTRONIC EQUIPMENT**

22.1 Boats must be equipped with a VHF radio transceiver of at least 25 watts of power. The following channels are mandatory: 09, 16, 71.

22.2 The race committee will use the following VHF channel for communication: Channel 71

22.3 A time check will be broadcast approximately 30 minutes before the first warning signal each day.

22.4 Failure by the race committee to broadcast the information referred to in these sailing instructions, errors, omissions or delay in doing so, or failure by a boat to receive or hear such radio transmissions will not be grounds for request of redress by a boat. This changes RRS 60.1 (b) and 62.1 (a).

22.5 With the exception of person overboard and for safety or emergency related reasons, a boat shall neither make radio transmission while racing nor receive radio communication not available to all boats. When racing, competitors shall not use any device to communicate in any way beyond the boat other than to send or receive communication or data available to all boats.

## **23. PROTEST**

23.1 Protests shall be written on the form available at the YCCS race office and lodged there within 60 minutes after the last boat in class has finished the last race of the day.

23.2 Schedule of hearings will be posted on the ONB. All persons involved in the hearings shall remain in the vicinity of the protest room at YCCS.

23.3 The race committee/protest committee intending to protest a boat under Rule 60.2.a or Rule 60.3.a because of an incident observed in the racing area shall inform her after the race by posting a notice on the ONB within the protest time limit.

23.4 It is the boat's representative's sole responsibility to check the protest notices at the end of the protest filing time to see if she is cited in a protest. Competitors are reminded of RRS 63.3.b.

## **24. SAFETY REGULATIONS AND ON WATER EMERGENCY PROCEDURES**

24.1 All boats shall return only to their allocated moorings.

24.2 Boats arriving for any reason at a point ashore other than the assigned ones or that cannot reach the harbour on their own are requested to report immediately to the race committee phone: +39.333.48.583.85.

24.3 The boats are supplied with standard safety equipment of which a list shall be on board. Before going out to sea, crews shall check that all equipment as listed is indeed on board and in good working order. Missing items shall be reported at once to the race office.

24.4 The race committee may communicate by VHF 71 and/or a notice to competitors that all crew shall wear the personal floating devices (PFD's) that are part of the safety equipment. PFD's shall then be worn from leaving till entering the harbour or if communicated on the water within reasonable time from the moment of communication. Please practice fitting of the PFD's before leaving the harbour for the first time. PFD's shall be worn outside all clothing and foul weather gear, except that a thin shirt or team uniform may be worn over the PFD.

PLEASE NOTE that issuing or not issuing the order to wear PFDs in any way removes or replaces the responsibility of skipper and crew as laid out in paragraph 8 of the Avviso di Veleggiata/Notice and/or the declaration of responsibility.

Please take the time to review the procedures below with your crew prior to the race.

The YCCS, in conjunction with safety officials in Porto Cervo, has established emergency procedures to provide help in the event of an on the water emergency, including injury requiring medical assistance. Emergency numbers are available should there be an accident or injury on shore.

1. Contact the race committee immediately on VHF 71.
2. Identify your boat, the nature of the emergency (type of injury, number of people injured), and your boat's position.
3. The race committee will alert on water safety boats (which will also be monitoring VHF 71) and may direct you to another VHF channel or cell phone for further communication.
4. Proceed at best speed to a designated rendezvous point as directed.
5. Depending on the nature and severity of the injury, should this be the emergency, safety boats personnel may come aboard your yacht to administer aid, evacuate the injured party and/or re-direct you for transfer of the injured person.
6. You are asked to cooperate fully with the race committee, local law enforcement and emergency personnel direction.

### **EMERGENCY AND MEDICAL NUMBERS**

Race Committee: VHF Channel 71 or Phone n. +39.333.48.583.85

## **25. CODE OF CONDUCT**

All participants in the MBA Conference and Regatta are expected to abide by the following general principles.

### **I. Safety**

A boat is a cozy and tight space: avoid irresponsible behavior that may cause harm to you and your friends and pay extra caution when getting on and off, specifically during the night.

### **II. Civic responsibility**

Yacht Club Costa Smeralda and the Porto Cervo community are our hosts and any disruptive behavior against their facilities and the local community is not accepted. Such behaviors include, but are not limited to, damaging or misusing the facilities, littering, playing music on boats after the end of the events, get drunk, public lewdness and so on. ***It is strictly forbidden the use onboard of any alcoholic drinks while racing.***

### **III. Involvement**

The MBA Conference and Regatta is, first of all, a networking event. In order for everyone to get the most out of it, we expect all participants to take part in all social gatherings in the program.

### **IV. Etiquette**

Always be on time for the events and be sure to respect the recommended dress code. Within the YCCS behave in a polite manner, do not raise your voice, be respectful of the other people present. Do not indulge in excessive alcohol consumption in the event areas (club, quays, Bouganville complex).

#### **V. Environmental neutrality**

The event is dedicated to environmental sustainability therefore One Ocean Foundation and SDA Bocconi Sailing Club overtly disapprove behaviors that produce harm to the environment. All your waste must be sorted correctly (paper, plastic, glass, organic waste) and disposed in the appropriate bins at the Yacht Club and the Marina.

#### **Ethics and behavior principles**

- All participants in the MBA's CONFERENCE AND REGATTA must be acknowledged and willing to accept the rules and the code of conduct embodying the image of the event
- By registering, you implicitly agree to respect the Code of Conduct for the whole duration of the event, and therefore not to engage in behaviors that may disrupt the event or disturb in any way the local community
- Anyone breaking any of the above rules may be asked to leave the event ahead of time and will be blacklisted for future editions of the event.

#### **Appendices:**

- 1 Coastal Courses
- 2 Windward/Leeward Courses
- 3 Class flags, Event Flags, bow number and school stickers positioning

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It is part of our mission to raise awareness among regatta participants on the urgent environmental issues affecting the oceans.

We are pleased to inform you that the regatta is organised following the principals of the Charta Smeralda, an ethical code established by the One Ocean Foundation - <http://www.1ocean.org>





## APPENDIX 1

### Coastal Courses

**Note: The course marked and the symbols are purely indicative**

Mark ECHO: Islets of Monaci (WR 24m beacon: 41 2.93 N / 9 31.01 E).

Mark FOXTROT: Islets of Mortoriotto (10m beacon: 41 05.19 N / 9 37.13 E).

Mark GOLF: Inflatable buoy approximately 500 metres east of Beacon of Secca Tre Monti (41 09.35 N / 9 28.26 E).

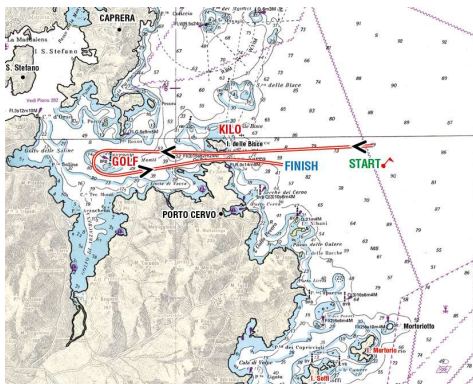
Mark KILO: Isle of Le Bisce (G 11m beacon: 41.09.71 N / 9.31.47 E).

Mark Mortorio: Islets of Mortorio

Mark Soffi: Islets of Soffi

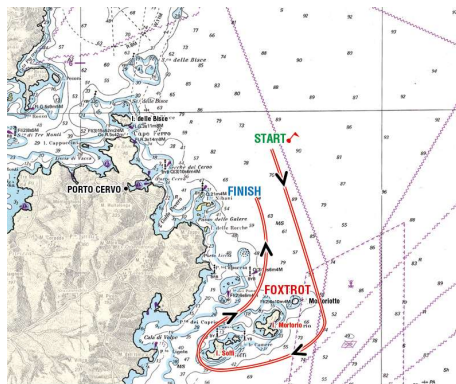
**Course N. 1 (7.5 nm approx):**

Start – Kilo stb – Golf p – Kilo p - Finish



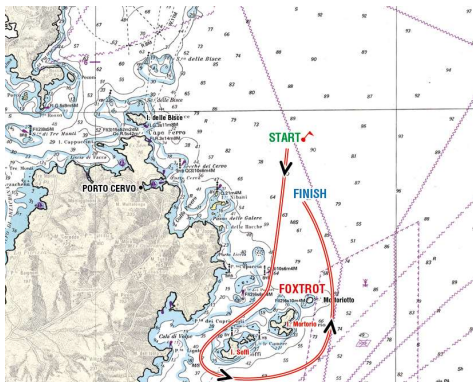
**Course N. 2 (11 nm approx):**

Start – Foxtrot stb - Mortorio stb - Soffi stb - Finish



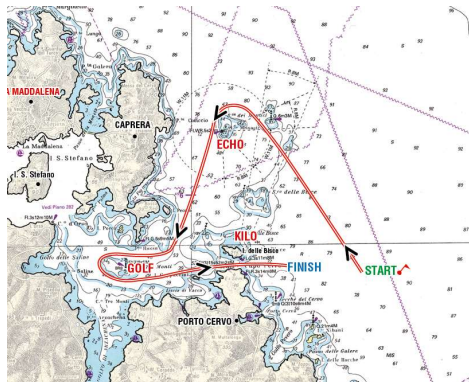
**Course N. 3 (11 nm approx):**

Start - Soffi p - Mortorio p – Foxtrot p - Finish



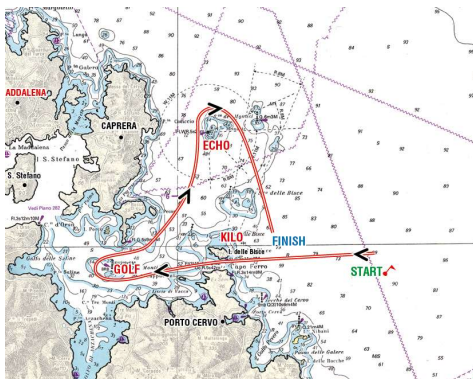
**Course N. 4 (11,5 nm approx):**

Start – Echo p – Golf p – Kilo p - Finish



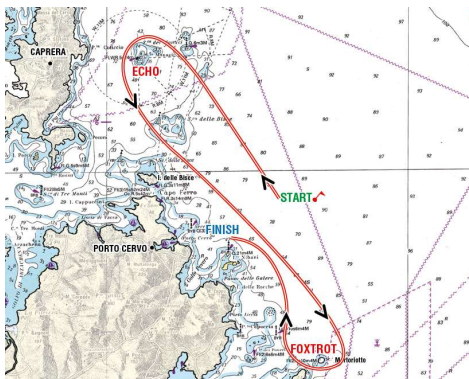
**Course N. 5 (13 nm approx):**

Start – Kilo stb – Golf stb – Echo stb - Finish



**Course N. 6 (16 nm approx.):**

Start – Echo p – Foxtrot stb - Finish



## APPENDIX 2

### Windward/ Leeward courses

#### 1. General Instructions

##### 1.1 Starting Area

The starting area will be located within a radius of approx. 3 n.m. of the entrance of Porto Cervo.

#### 2. Course configuration

Marks shall be rounded to port in the following order:

##### **Start - Mark 1 – Mark 1a - Starting Mark – Mark 1 - Mark 1a - Finish.**

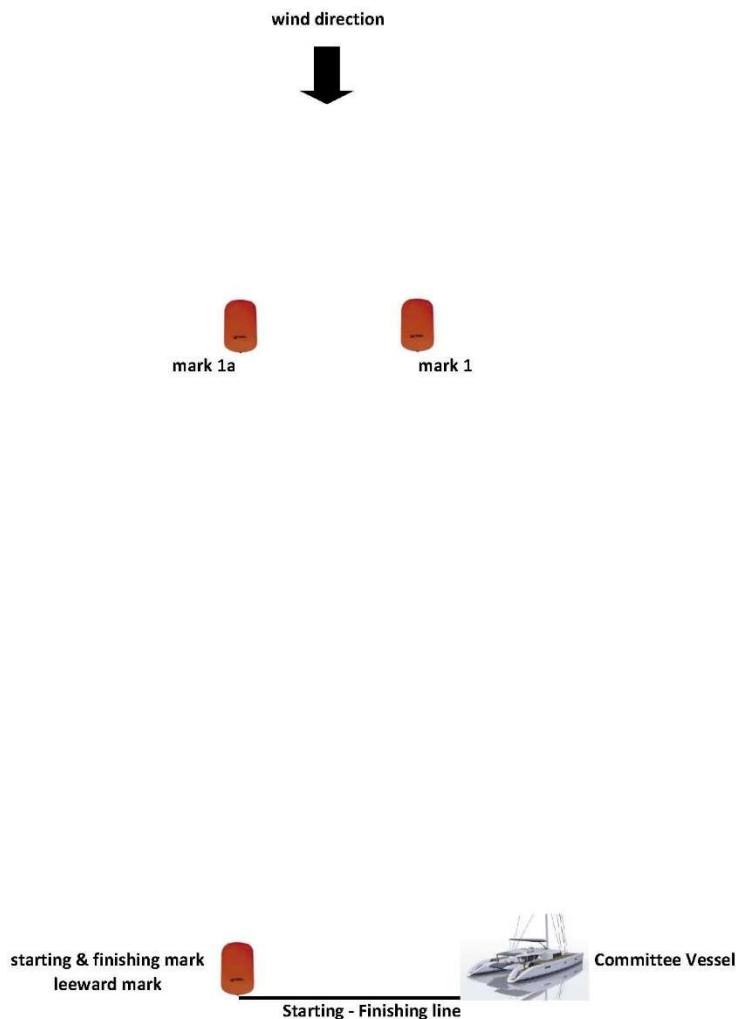
Mark 1a will be an “Offset” mark placed approximately 90° to port of Mark 1.

Marks shall be rounded to Port (except for the finishing line downwind).

The race committee will try to set a course which will take approximately 40 minutes to be completed.

The length of the course shall be determined by the race committee. A longer or shorter racing time will not be grounds for redress (amends RRS 62.1 (a)).

DIAGRAM NOT IN SCALE



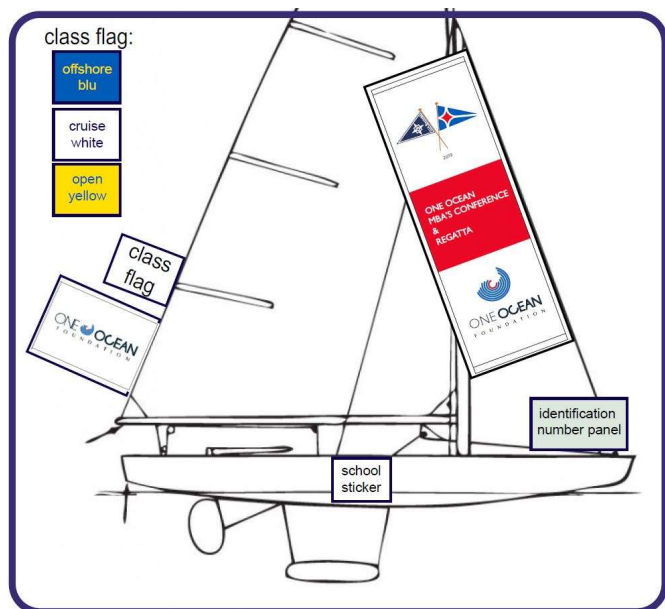


## APPENDIX 3

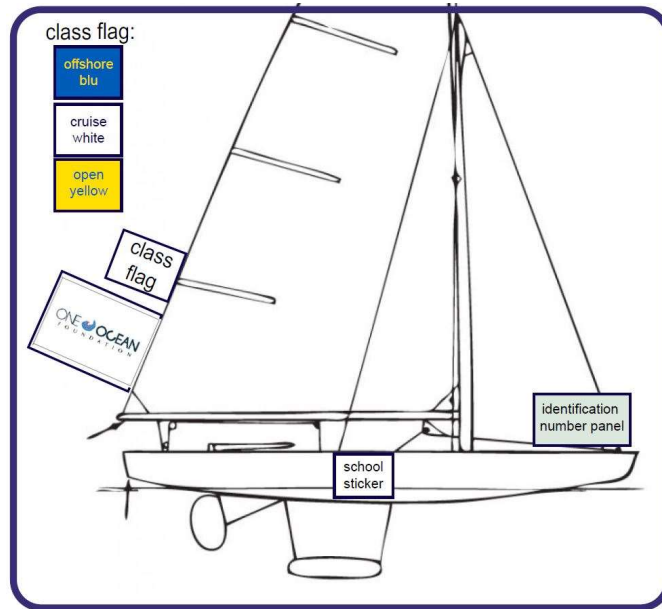
### Class flags, Event Flags, bow number and school stickers positioning

#### OFFSHORE & CRUISE classes

##### WHILE MOORED

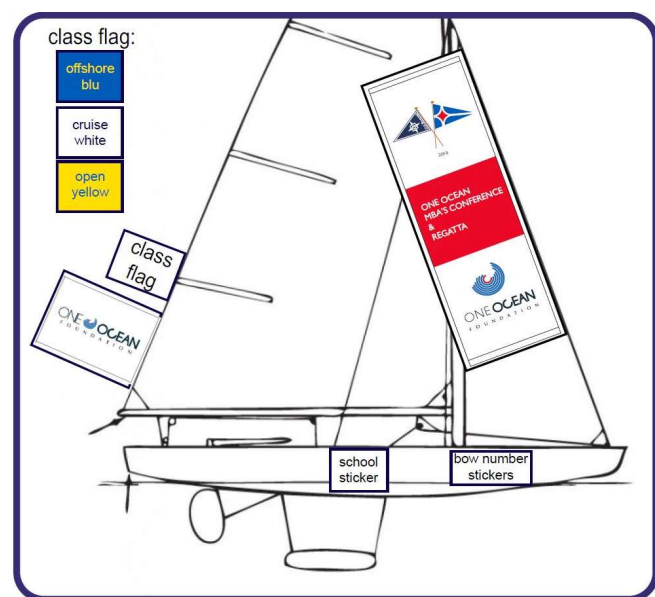


##### WHILE RACING



#### OPEN CLASS

##### WHILE MOORED



##### WHILE RACING

