



2021 SWAN SARDINIA CHALLENGE

Yacht Club Costa Smeralda, June 22 to 26.

SAILING INSTRUCTIONS

The regatta activities must be performed in accordance with the provisions on contrast and containment of the diffusion of COVID 19 issued by the Federation that the Organizing Committees will activate and to which the participating members must comply under the supervision of the Organizing Committee itself. Any cases of COVID 19 that should be detected during the event will be reported by the Organizing Committee to the competent health bodies in charge.

1. RULES.

- 1.1 The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing*.
- 1.2 **Covid-19 Italian Sailing Federation protocol and guidelines posted [HERE](#).**
- 1.3 The Notation [DP] in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.
- 1.4 In all the rules governing this event [NP] denotes a rule that shall not be grounds for protest by a boat. This changes RRS 60.1 (a).
- 1.5 RRS 55 is changed for all Classes, by adding the following sentence to the rule “However, discarding elastic or wool bands when setting a sail will not be considered a breach of rule 55”.
- 1.6 No national Prescriptions will apply.
All Italian crews shall be FIV members and have a valid medical certificate. Every crew member must be in compliance with its own Sailing Federation National Authority Rules.
- 1.7 [NP][DP] CODE OF CONDUCT . Competitors shall comply with any reasonable request from a regatta official, organizing committee member, Class official and other competitors, including the participation as party or witnesses in protest hearing or investigations.
- 1.8 ClubSwan 36 Class Rule C.1.2 (b) applies. If the Race Committee displays the “R” flag, all boats shall race the mainsail set reefed. If the Race Committee displays the “K” flag all boats shall only use the heavy spinnaker.

2. NOTICES TO COMPETITORS & CHANGES TO SAILING INSTRUCTIONS.

- 2.1 Notices to competitors will be posted on the online Official Notice Board (ONB), on the website of the regatta: <https://yachtscoring.com/emenu.cfm?eid=14600> No other way of Official Notice Board will be active.
- 2.2 Any change to the Sailing Instructions will be posted on the online Official Notice Board two hours before the warning signal of the first race on the day it will take effect, except that any change in the schedule of races will be posted before 20.00 hours of the day before it will take effect.

3. SIGNALS MADE ASHORE.

- 3.1 Signals made ashore will be displayed on the Flagpole, located at the YCCS terrace.

- 3.2 (a) When code flag “AP” is displayed ashore, ‘1 minute’ is replaced with ‘not less than 45 minutes’. (This changes RRS AP Race Signals)
- 3.3 When code flag “AP” over “H” is displayed, no boat is authorized to leave the harbour.

4. SCHEDULE OF RACES.

- 4.1 The intended program and schedule of races will be as follow, but the Race Committee reserves the right to change the schedule at its discretion, taking into account weather conditions or all other factors which may impact the fairness of the racing.

Monday 21/06/21

Registrations	14.00-18.00
Measurements	09.00-18.00

Tuesday 22/06/21

Measurements	09.00-18.00
Practice Race	14:00
Skippers briefing*	18.30
Opening Cocktail*	19.00

Wednesday 23/06/21

Racing & daily prize giving*	12.00
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Thursday 24/06/21

Racing & daily prize giving*	12.00
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Friday 25/06/21

Racing & daily prize giving*	12.00
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Saturday 26/06/21

Racing	12.00
Prize-giving ceremony*	17:00

* limitations on number of persons attending might be applied, due to Covid 19 protocols that might be ruling at the time of the event.

- 4.2 A maximum of 11 races are scheduled of which at least 1 has to be completed by each class for the event to be valid.
- 4.3 No more than 3 races per day will be sailed.
- 4.4 The Race Committee will inform via VHF 72 its intention to start another race. Omission or failure in the emission or reception of that communication shall not be grounds for a request for redress. (This changes RRS 62.1a).
- 4.5 On the last scheduled day of the event no warning signal will be displayed after 15:30.

5. RACING AREAS, VHF CHANNELS

- 5.1 Races will be sailed in the waters in front of Marina di Porto Cervo.
- 5.2 The VHF Channel will be: channel 72.

6. CLASS FLAGS

Class Flags:

CS 50	White flag with Class logo	CS 36 Grey flag with Class logo
CS 42	Blue flag with Class logo	S 45 Red Flag with Class logo

7. COURSES & SHORTENED COURSES.

- 7.1 The Appendix 1 shows the courses, including the order in which the marks are to be passed or rounded, and the side on which each mark is to be left. Bearing and Distance to Mark 1 or 2 will be announced on a board on the race committee vessel and informed by VHF.
- 7.2 SHORTENED COURSES: Races may be shortened at any mark, provided that a shortened race has a minimum of 3 legs. (2 windward and 1 leeward).

8. MARKS.

Marks will be as follow:

- * The starting marks will be Race Committee vessel and pin end boat.
- * Course marks 1 and 1A will be red cylindrical
- * Course marks GS/GP will be red cylindrical
- * Course marks 2 and 2A will be green cylindrical
- * WI marks will be white cylindrical
- * Change of course mark will be cylindrical yellow mark
- * The finishing marks will be a Race Committee boat and a green mark.
- * The Race Committee vessel showing a change of course according SI 10.2

9. THE START

- 9.1 Races will be started using RRS 26. The starting line will be the line between a staff displaying an Orange flag on the Race Committee boat and the starting mark or pin end boat as described in SI 8.
- 9.2 A boat starting later than 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A4 and A5.
- 9.3 In addition to RRS 29.1 & 29.2 individual and general recalls may be communicated by radio VHF. In such case, bow numbers, sail numbers or boat names may be called out for their identification. Delay in the radio communication of these calls, or the order in which they are made, or any omission or failure in the emission or reception of these, shall not be grounds for a request for redress. [This changes RRS 62.1(a)]. This rule does not reduce, modify or exonerate each boat's responsibility to start in accordance with the RRS.
- 9.4 [DP] Boats, whose warning signal has not been made, shall avoid the starting area, which is defined as the rectangle covering an area of 100 meters to windward and to leeward of the starting line, and 100 meters outwards of each end of the line.
- 9.5 The Race Committee boat on the starting line may maintain their position by using the engine.

10. CHANGING OF POSITION OF THE NEXT MARK & CHANGING THE LENGTH OF THE NEXT LEG.

- 10.1 To change the next leg of the course, the race committee a) will lay a new mark, b) move the leeward gate or c) move the finishing line. In case of a new mark has been laid, the original one will be removed as soon as practicable. When in a subsequent change a new mark is replaced, this one will be replaced by an original mark. In case the finishing line is moved, the RC boat could be a RIB, displaying a blue flag.
- Any change to the position of the windward mark (1 or 2), the Offset mark (1A or 2A) will be re-located. **WI mark will not be re-located.**
- Any change to the position of the gate or the finish line will be signalled at mark 1/2 or 1A/2A. That change is in effect from the last windward mark to the gate or the finish. This does not change the obligation to leave mark WI to port.

If the Race Committee decides to change the position of the leeward marks (gate GS/GP), the original gate marks will be re-located. If the Leeward mark is to be only one mark, this mark shall be left to port; this mark is not considered a gate and RRS 18.4 will apply.

- 10.2 Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard.

11. THE FINISH.

- 11.1 The finishing line will be the line between a staff displaying a Blue flag on board a Race Committee boat and the finishing mark as described in SI 8.

- 11.2 In the case of unfavourable conditions the Race Committee boat at the finishing line can maintain her position by using the engine.

12. PENALTY SYSTEM.

- 12.1 The RRS 44.1 is changed so that the 2-turns penalty is replaced by the 1-turn penalty.
- 12.2 Penalties for breaches of a rule other than a rule of Parts 1 or 2 of the RRS may be less than disqualification at the discretion of the Protest Committee.

13. TIME LIMITS AND TARGET TIMES.

- 13.1 Time limits and target time are as follows:

<i>Target Time</i>	<i>Time Limit</i>	<i>Time Limit for Mark 1</i>
50'	90'	20'

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This change RRS 60.1(b).

- 13.2 The boats not finishing within 15' from the finish of the first boat, will be scored Did Not Finish without a hearing. This change RRS 35, A4 and A5.

14. SPARE

15. PROTESTS AND REQUESTS FOR REDRESS.

- 15.1 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 15.3 For the purpose of RRS 64.3 (b) the authority is the chief measurer of the event, appointed by the organizing authority.
- 15.4 The Protest Committee shall be appointed by the Organizing Authority. When RRS N1.4.b applies, the time limit mentioned in the rule will be 30 minutes after the requesting party was informed of the decision.
- 15.5 For Club Swan 50 class and ClubSwan 36 Class, SI Appendix "UF" applies.

16. SCORING.

- 16.1 Event scoring system will be the Low Point Scoring System, as described in Appendix A4 of the RRS.

The total score of each boat will be the overall sum of all sailed races – there will be no discard.

17. SAFETY REGULATIONS. [NP][DP]

- 17.1 Boats must be equipped with a VHF radio transceiver of at least 25 watts of power. The following channels, as a minimum requirement, are mandatory: 9, 16, and the regatta assigned channels.
- 17.2 Boats not leaving the harbour for the races of the day (DNC) shall inform the Race Office as soon as possible.
- 17.3 Boats not starting or retiring from a race (DNS - DNF) shall inform the Race Office or the Race Committee as soon as possible. All boats shall return only to their allocated moorings.
- 17.4 Boats arriving for any reason at a point ashore other than the ones or that cannot reach the harbour on their own are requested to report immediately to:
Race Officer - phone +34 630 921 251 or by VHF 72.

18. REPLACEMENT OF CREW OR EQUIPMENT. [NP][DP]

- 18.1 Changes to crew list shall be made to the Race Committee through the Class Manager, indicating the name and I.D. or Passport number of the substitute crew member and shall be lodged at the Race Office earlier than 120 mins. From the warning signal of the day it refers to. Only substitutions approved by the Race Committee will be accepted. Substitutes shall be subject to weight control.
- 18.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Technical Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19 EQUIPMENT AND MEASUREMENT CHECKS [NP][DP]

- 19.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee or the technical committee to proceed immediately to a designated area for inspection.

20 EVENT ADVERTISING [NP][DP]

Boats shall display event advertising/branding supplied by the organizing authority as per Appendix 2 of the Sailing Instructions, according to WS regulation 20.4.1 .

21. OFFICIAL BOATS IDENTIFICATION.

- 21.1 The official boats will be identified by displaying flags as follows:
Race committee: boat identified by a large YCCS burgee.
Umpires: white flag with “J”
Technical committee: white flag with “M”
- 21.2 Vessels used by press, photograph, VIP’s, etc are not under the jurisdiction of the race committee.

22 SAIL NUMBER AND IDENTIFICATION [NP][DP]

The sail number on the mainsail of a boat must correspond to the number declared on the entry form. Penalty for non-compliance will be at the discretion of the Protest Committee.

23. DIVING FORBIDDEN AND HAUL-OUT RESTRICTIONS [NP][DP]

- 23.1 Diving in the harbour is forbidden. Only the Harbourmaster’s divers, available on VHF Channel 9 or

by email e.pileri@marinadiportocervo.com c/c info@marinadiportocervo.com are authorised to dive inside the harbour.

23.2 Boats shall not be hauled out before 18.00h of the previous day of the first warning signal, except with and according to the terms of prior written authorization of the Technical Committee.

24. TRASH DISPOSAL [DP]

Boats shall not put trash in the water. Trash shall be disposed in the containers on land.

25. RADIO COMMUNICATION [NP][DP]

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to smartphone or tablets.

26. PRIZES.

The prize list will be posted on the online Official Notice Board (ONB).

27. DISCLAIMER OF LIABILITY.

All those taking part in the regatta do at their own risk and responsibility. See RRS 3 Decision to Race. The organizing authority and all parties involved with the organization of the event will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

APPENDIX INDEX:

Appendix 1. Courses.

Appendix 2. Advertising/Branding

Appendix UF. Umpiring System

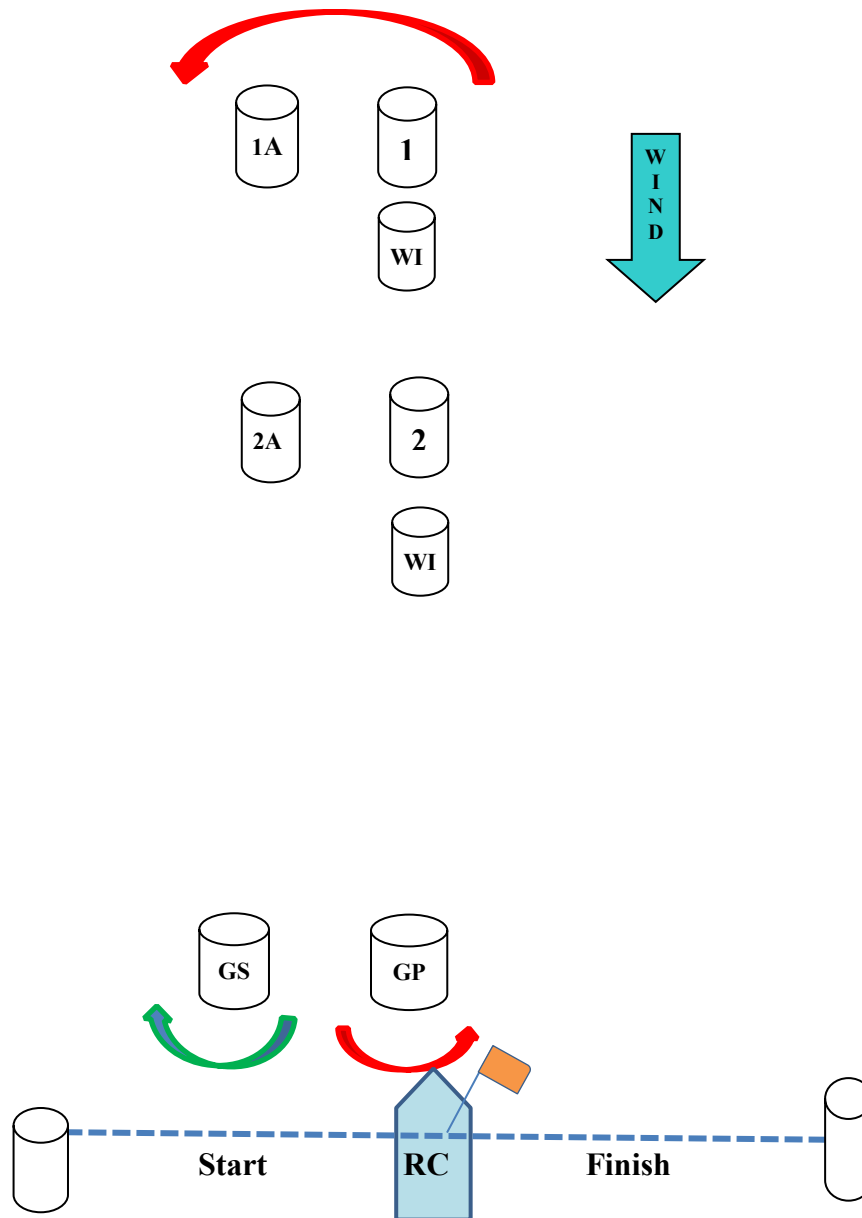
Appendix 3. Ecological Representative On Board (RECO) Guidelines

**APPENDIX 1
COURSE**

**COURSE 1 (Pennant 1)
(downwind)**
**COURSE 2 (Pennant 2)
(downwind)**

START – Wi - 1 – 1A – Wi – GS/GP – Wi - 1 – 1A – Wi – FINISH

START – Wi - 2 – 2A – Wi – GS/GP – Wi - 2 – 2A – Wi – FINISH



- Except at a Gate all course marks shall be left to port. When at the gate there is only one mark shall be round to port.
- Distance between race committee and 1 or 2: see SI 7.1.
- Distance between starting line and gate: 0.2 Nm approx.
- Distance between Wi and 1 or 2: 90 m approx.
- Distance between marks 1 or 2- and 1A or 2A: 0.15 Nm approx.
- Angle between marks 1 or 2 and 1A or 2A: 100°
- Distance between gate marks: 10 boat lengths (150 Nm approx.)
- Distance between committee boat and finishing mark: 150m approx.
- The bearing to the windward mark and right side of the gate (when looking from leeward to windward) will be considered from race committee.

Note: These drawings are schematic. The distances and mark positions are not to scale.

This information is approximate. A different distance of the leg or bearing shall not be ground for a request for redress.

APPENDIX 2
ADVERTISING/BRANDING

GENERAL BRANDING FOR CS36, CS50, CS42, S45



SEE BELOW THE PROPER BOOM STICKER POSITION
(the back part of the sticker has to be as close to the boom end
as possible on both sides)



BOW STICKERS POSITION

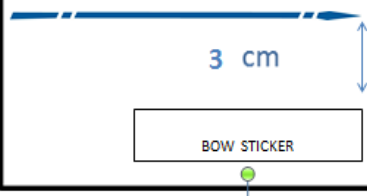
BOW STICKER POSITION FOR
CLUBSWAN 50/42 & SWAN 45

THE FORE PART OF THE BOW
STICKER HAS TO BE ALIGNED
AS FOLLOWS:



BOW STICKER POSITION FOR
CLUBSWAN 36

THE FORE PART OF THE BOW
STICKER HAS TO BE ALIGNED
AS FOLLOWS:



APPENDIX UF

UMPIRED FLEET RACING

ClubSwan Edition

Version: 16th May 2021

Umpired fleet races shall be sailed under The Racing Rules of Sailing as changed by this appendix. Races shall be umpired. The rule changes in UF1 have been approved by World Sailing under Regulation 28.1.5(b) on the condition that only the provided options are used. This appendix applies only when it is referred to in the Notice of Race and made available for all competitors.

UF1 CHANGES TO THE DEFINITIONS, THE RULES OF PART 1 AND 2, AND RULE 70

UF1.1 Add to the definition *Proper Course*: 'A boat taking a penalty or manoeuvring to take a penalty is not sailing a *proper course*.'

UF1.2 Add new rule 7 to Part 1:

7 LAST POINT OF CERTAINTY

The umpires will assume that the state of a boat, or her relationship to another boat, has not changed, until they are certain that it has changed.'

UF1.3 Rule 14 is changed to:

14 AVOIDING CONTACT

14.1 If reasonably possible a boat shall

- (a) avoid contact with another boat,
- (b) not cause contact between boats, and
- (c) not cause contact between a boat and an object that should be avoided.

However, a right-of-way boat, or one sailing within the *room* or *mark-room* to which she is entitled, need not act to avoid contact until it is clear that the other boat is not *keeping clear* or giving *room* or *mark-room*.

14.2 When there is contact between hulls, the umpires may, without a hearing, impose a scoring penalty of 1 point on a boat that was penalized in the incident. Furthermore, the umpires may also impose a scoring penalty of 0,5 points on other boats if they consider that these boats contributed to the contact. This rule also applies to bowsprit, pushpit, pulpit, stanchions, mast, boom and shrouds.

14.3 When there is contact that causes damage, or the umpires decide a boat has broken rule 14 and damage resulted, they may, without a hearing, impose a scoring penalty on any boat involved in the incident. The minimum penalty to be applied in such a case is 1 point.

UF1.4 When rule 20 applies, the following arm signals are required in addition to the hails:

- (a) for *room* to tack, repeatedly and clearly pointing to windward; and
- (b) for 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward.

UF1.5 Rule 70 is deleted.

UF1.6 (a) The definition *Mark-Room* is changed to:

Mark-Room Room for a boat to sail her proper course to round or pass the mark on the required side.

However, *mark-room* for a boat does not include *room* to tack unless she is *overlapped* inside and to *windward* of the boat required to give *mark-room* and she would be *fetching* the *mark* after her tack.

UF2 CHANGES TO OTHER RULES

UF2.1 Rule 28.2 is changed to:

28 SAILING THE COURSE

28.2. A boat may correct any errors in *sailing the course*, provided she has not rounded the next mark or crossed the finishing line to *finish*.

OR

UF2.2 Rule 31 is changed to:

31 TOUCHING A MARK

While *racing*, neither the crew nor any part of a boat's hull shall touch a starting *mark* before *starting*, a *mark* that begins, bounds or ends the leg of the course on which she is sailing, or a finishing *mark* after *finishing*. In addition, while *racing*, a boat shall not touch a race committee vessel that is also a *mark*. This rule also applies to bowsprit, pushpit, pulpit, stanchions, boom and crew.

UF3 ON WATER PROTESTS AND PENALTIES

UF3.1 In this appendix, 'a penalty' will mean the following:

A One-Turn Penalty taken in accordance with rule 44.2.

UF3.2 The first sentence of rule 44.1 is changed to: 'A boat may take a penalty when, in an incident while *racing*, she may have broken one or more of the *rules* of Part 2 (except rule 14 when she has caused damage or injury), rule 31 or rule 42. However, when she may have broken a rule of Part 2 and rule 31 in the same incident, she need not take the penalty for breaking rule 31'

UF3.3 On the Water Protests by Boats and Penalties

(a) While racing, a boat may protest another boat under a rule of Part 2 (except rule 14) or under rule 31 or rule 42; however, a boat may only protest under a rule of Part 2 for an incident in which she was involved. To do so she shall hail 'Protest' and conspicuously display a Y flag at the first reasonable opportunity for each. She shall remove the flag before, or at the first reasonable opportunity after a boat involved in the incident has taken a penalty voluntarily or after an umpire's decision.

(b) A boat that protests as provided in rule UF3.3(a) is not entitled to a hearing, unless an umpire signals in accordance with UF3.5(d). Instead, a boat involved in the incident may acknowledge breaking a rule by voluntarily taking a penalty. An umpire may penalize any boat that broke a rule and was not exonerated, unless the boat took a penalty voluntarily.

UF3.4 Penalties and Protests Initiated by an Umpire

- (a) When a boat
- (1) breaks rule 31 and does not take a penalty,
 - (2) breaks rule 42,
 - (3) gains an advantage despite taking a penalty,
 - (4) commits a breach of sportsmanship, or
 - (5) fails to comply with rule UF3.6 or to take a penalty when required to do so by an umpire,
 - (6) fails to comply with rule UF2.1 (rule 28.2) an umpire shall disqualify her under rule UF3.5(c),
- an umpire may penalize her without a protest by another boat. The umpire may impose a penalty or more, each signalled in accordance with rule UF3.5(b), or disqualify her under rule UF3.5(c), or

report the incident to the protest committee for further action. If a boat is penalized under rule UF3.4(a)(5) for not taking a penalty or taking a penalty incorrectly, the original penalty is cancelled,

- (b) An umpire who decides, based on his own observation or a report received from any source, that a boat may have broken a rule, other than rule UF3.6 or rule 28 or a rule listed in rule UF3.3(a), may inform the protest committee for its action under rule 60.3. However, he will not inform the protest committee of an alleged breach of rule 14 unless there is damage or injury.

UF3.5 Umpire Signals

An umpire will signal a decision as follows:

- (a) A green and white flag with one long sound means 'No penalty.'
- (b) A red flag with one long sound means 'a penalty is imposed or remains outstanding.' The umpire will hail or signal to identify each such boat.
- (c) A black flag with one long sound means 'A boat is disqualified.' The umpire will hail or signal to identify the boat disqualified.
- (d) A Blue flag with one long sound means 'The umpires do not have the facts required to make a decision.'

UF3.6 Imposed Penalties

- (a) A boat penalized under rule UF3.5(b) shall take a penalty.
- (b) A boat disqualified under rule UF3.5(c) shall promptly leave the course area.

UF4 RACE COMMITTEE ACTIONS

UF4.1 At the finishing line, the race committee will inform the competitors about each boat's finishing place or scoring abbreviation. After this has been done, the race committee will promptly display flag B with one sound. Flag B will be displayed for at least two minutes and then removed with one sound. If the race committee changes the scoring information provided at the finishing line while flag B is displayed, it will display flag L with one sound. Flag B will continue to be displayed for at least two minutes after any changes are made.

UF5 PROTESTS; REQUESTS FOR REDRESS OR REOPENING; APPEALS; OTHER PROCEEDINGS

UF5.1 No proceedings of any kind may be taken in relation to any action or non-action by an umpire.

UF5.2 A boat is only entitled to a hearing when the umpires have signalled in accordance with UF3.5(d) or under UF5.3.

UF5.3 A boat intending to

- (a) protest another boat under a rule other than rule UF3.6 or rule 28, or a rule listed in rule UF3.3(a),
- (b) protest another boat under rule 14 if there was contact that caused damage or injury, or
- (c) request redress

shall inform the race committee in the following way:

hail or contact the race committee by radio before or during the display of flag B.

UF5.4 The time limit defined in rule UF5.3 also applies to protests under rule UF5.9, UF5.10 and UF5.11 when such protests are permitted. The protest committee shall extend the time limit if there is good reason to do so.

UF5.5 The race committee will promptly inform the protest committee about any protests or requests for redress made under rule UF5.3.

UF5.6 The third sentence of rule 61.1(a) and all of rule 61.1(a)(2) are deleted.

Rule 62.1(a) is deleted.

UF5.7 The first three sentences of rule 64.2 are changed to: 'When the protest committee decides that a boat that is a *party* to a protest hearing has broken a rule, it may impose penalties other than disqualification, and may make any other scoring arrangement it decides is equitable. If a boat has broken a *rule* when not *racing*, the protest committee shall decide whether to apply any penalty to the race sailed nearest in time to that of the incident or make some other arrangement.'

UF5.8 Hearings

Except for a hearing under rule 69.2

- (a) Protests and requests for redress need not be in writing.
- (b) The protest committee may inform the protestee and schedule the hearing in any way it considers appropriate and may communicate this orally.
- (c) The protest committee may take evidence and conduct the hearing in any way it considers appropriate and may communicate its decision orally.
- (d) If the protest committee decides that a breach of a rule has had no effect on the outcome of the race, it may impose a scoring penalty of points or fraction of points or make any other arrangement it decides is fair, which may be to impose no penalty.
- (e) If the protest committee penalizes a boat in accordance with rule UF5.7 or if a standard penalty is applied, all other boats will be informed about the change of the penalized boat's score.

UF5.9 The race committee will not protest a boat.

UF5.10 The protest committee may protest a boat under rule 60.3. However, it will not protest a boat for breaking rule UF3.6 or rule 28, a rule listed in rule UF3.3(a), or rule 14 unless there is damage or injury.

UF5.11 The technical committee will only protest a boat under rule 60.4 when it decides that a boat or personal equipment does not comply with the class rules, rule 50, or the rules in the equipment regulations of the event, if such exist. In such a case, the technical committee shall protest.

UF5.12 Rule 66.2 is changed to 'A *party* to the hearing under this appendix may not request a reopening.'

APPENDIX 3



On Board Ecological Representative (RECO) Guidelines

1. Navigate under sail as much as possible.
2. Do not throw anything into the sea, including organic materials.
3. Avoid accidentally dropping materials into the water; keep equipment in a safe area when working on deck.
4. Use 100% biodegradable cleaning products, in recycled containers and with minimum packaging where possible.
5. On board, create containers to separate waste for recycling, and once ashore put garbage in its designated bins.
6. Do not use single-use plastic bottles, dishes, or glasses. Use water bottles and reusable bags for any food. Replace plastic with reusable or compostable materials wherever possible.
7. If you are a smoker, utilize a portable and windproof ashtray. Cigarette filters are non-biodegradable!
8. Collect any plastic materials you find floating on the sea, these can be recycled. If they are too large, report the location to the relevant authority which will collect them and notify sailors.
9. Never drop anchor on *Posidonia Oceanica* seagrass, respect protected marine areas, be aware of their specific regulations and, if you spot marine animals, do not bother them and keep your distance.
10. Before replacing onboard materials, assess whether they could be repaired or re-used for something different. For instance, sails can be turned into bags. By doing so, you will promote a circular economy.

Share these guidelines with other teams and encourage others to become a R.Eco!

For further details write to secretariat@1ocean.org

