





SAILING INSTRUCTIONS

Abbreviations: PC: protest committee;

RRS – racing rules of sailing; ONB – official notice board

RC: race committee; SI: sailing instructions; OA: organising authority; NoR: notice of race.

1 **RULES**

- 1.1 The event will be governed by:
- the 'rules' as defined in the RRS, including Appendix D. (a)
- (b) the rules for Handling Boats (SI appendix C), which also apply to any practice sailing and sponsor races.
- The right of appeal will be denied in accordance with RRS 70.5 (a). 1.2
- All races will be umpired. 1.3
- 1.4. Add to RRS 41: (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.
- 1.5 RRS 49.2 is deleted.
- RRS D2.2(f) is amended as follows: "A boat penalized by an umpire shall take a One-Turn Penalty." 1.6
- RRS D2.3 is amended as follows: 1.7
 - The last paragraph is deleted and replaced with:

"The umpire shall signal a decision in compliance with rule D2.4. A boat penalized by an umpire shall take a One-Turn Penalty except that, when an umpire hails a number of turns, the boat shall take that number of One-Turn penalties."

- There shall be added to RRS D.2.3 (h) "breaks SI Appendix C2.22." 1.8
- 1.9 Class rules shall not apply.
- Any prescriptions of the national authority that will apply will be posted on the official notice board. 1.10
- Rule 14 shall apply at all times whether boats are racing or not.
- 1.12. In the event of a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions and the subsequent communications of the Race Committee (RC) shall prevail.
- Italian competitors shall be in compliance with the Italian Sailing Federation Rules (FIV cards -1.13. Appendix F).
- 1.14. English shall be the official language used at the regatta.

2 **ENTRIES and ELIGIBILITY**

- 2.1 To remain eligible the entire crew shall complete registration in accordance with the Notice of Race, pay any outstanding entry fee and deposit the damage deposit, lodge the Sailing Agreement if required, not later than 16.00 hours on July 2^{nd} , unless extended by the OA.
- 2.2 Each team is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the umpires or PC.
- Crew list changes shall be communicated to the Race Office, on the available form, each morning 2.3 before 10.00 and shall be approved by the Race Committee (RC).

COMMUNICATIONS WITH COMPETITORS

- Notices to competitors will be posted on the official notice board located at the Regatta Headquarter in front of the entrance of the YCCS Clubhouse. It is responsibility of Competitors to acquaint themselves with these notices.
- 3.2 Signals made ashore shall be displayed on the official flagpole located at the YCCS Clubhouse terrace. There will be no grounds for request of redress in the case of mistakes or omission of sound signals.







- 4. AMENDMENTS TO SAILING INSTRUCTIONS
- 4.1 Amendments to the SI will be signalled by flying flag L from the shore signal station. Such changes will be posted on the notice board not less than 30 minutes before the warning signal of the first affected race.
- 4.2 Amendments made afloat will be signalled by the display of flag L on the committee vessel with three sound signals. An umpire may communicate these either verbally or in writing.

5. BOATS AND SAILS

- 5.1 (a) The event will be sailed in Bavaria B/One boats.
 - (b) The boats to be sailed and the sails to be used will be allocated by the RC.
- 5.2 Spinnakers, trapezes and the gear specifically provided for their use shall not be used.
- 5.3 The RC may require boats to reef their mainsails, in which case boats will be so informed by the umpires.
- 5.4 Other restrictions or instructions may be given to the boats verbally by an umpire. Flag L is not required.
- 5.5 The RC will decide which boats are to be used for each stage and when they decide a boat should not be used, the skipper assigned that boat will be given the temporary use of another boat.

6 IDENTIFICATION and ASSIGNMENT OF BOATS

- 6.1 Boats will be identified by hull numbers from **1** to **8**.
- 6.2 The RC may require a team to sail a substitute boat at any time.

7 EVENT FORMAT AND STARTING SCHEDULES

- 7.1 The event format is detailed in SI Appendix A.
- 7.2 The race schedule is detailed in SI Appendix B.
- 7.3 The RC may terminate any race or stage of the event when, in its opinion, it is impractical to attempt to hold the remainder of the races in the existing conditions or the time scheduled. Early stages may be terminated in favour of later stages. The decision of the RC shall be final and competitors shall not request redress in respect of such decision, changing RRS 62.
- 7.4 The format may be modified during the event as determined by the RC.
- 7.5 Taking into account the entries, weather conditions, time constraints and any other relevant factors, the decision of the RC shall be final and competitors shall not request redress in respect of such decision, changing RRS 60.1(b).
- 7.6 The schedule of races will be displayed on the ONB. Any changes made and schedules for subsequent rounds will be displayed not less than 30 minutes before the start of that stage of the competition or after such other time as shall be specified in Appendix A.
- 7.7. Every race will be assigned a race number in the race schedule.
- 7.8 The race number will be displayed on the RC vessel between the warning and preparatory signal for that race. The RC may at any time remove a particular race from the published sequence of races and run it at a later time.
- 7.9 The latest time for a warning signal on the last day of racing will be 15.00 hours.
- 7.10 The intended time of the first warning signal each day is 11.30. Each subsequent race will be started as soon as practicable after the previous race.

8. CONTINUITY

Before starting and after finishing or retiring, boats shall sail to minimize any delay to the race schedule.

9. RACING AREA

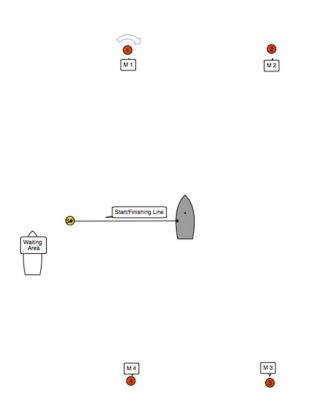
The racing area will be on the waters of Porto Cervo.





- 10 COURSE (not in scale)
- 10.1 The course is a Windward/Leeward course and will be: Start M1 M2 M3 M4 Finish.
- M1, 2, 3 and 4 shall be rounded on starboard.

On leg 3, the RC vessel is ranked as an obstruction and shall be left on starboard.



- 10.2. The starting/finishing line will be a straight line between the course side of the starting/finishing mark and the mast or staff displaying an orange flag on the RC vessel.
- 10.3 A buoy may be attached to the RC vessel anchor line just below keel depth. Boats shall not pass between this buoy and the RC vessel at any time. This buoy is part of the RC vessel ground tackle.
- 10.4 The starting/finishing mark will be a yellow cylindrical mark.
- 10.5 The course marks will be orange cylindrical marks.
- 10.6 A breach of this sailing instruction is not open to protest by boats but is subject to action by umpires in accordance with RRS D2.3.

11 BREAKDOWN and TIME FOR REPAIRS

- 11.1 A boat may display a white flag to signal a breakdown or damage to the boat or her sails or injury to her crew (adding to RRS D5.1). She shall proceed as soon as possible to close to leeward of the RC vessel and remain there unless otherwise directed.
- 11.2 Competitors are responsible for inspecting their boats before racing.





- 11.3 Competitors shall report any defects, damage or breakdown to the RC at the first reasonable opportunity.
- 11.4 When there is a risk of further damage if a boat continues racing after damage or breakdown, she shall retire immediately.
- 11.5 The PC shall decide redress in accordance with RRS D5 which is amended to that extent.
- 11.6 The PC may postpone a resail indefinitely and score each team half a race win unless the result is relevant to progress, but not seeding, in the next round.
- 11.7 The time allowed for repairs will be at the discretion of the RC.
- 11.8 Except where RRS 62.1(b) applies, failure to effect repairs in the time allowed, will not be grounds for redress. This changes RRS 62.

12 STARTING PROCEDURE

12.1 Races will be started by using the following signals. Times shall be taken from the start of each sound signal; the failure or delay, of a visual signal, including flag X, shall be disregarded. This amends RRS 26.

Warning	3	One	Flag J display
Preparatory	2	One	Flag P display
One-minute	1	One	Flag P lowered
Starting	0	One	Flag J lowered

- 12.2 When a boat is subject to RRS 29.1 flag X will not be displayed for more than 1 minute after the starting signal; this amends RRS 29.1. The RC will hail numbers of premature starters.
- 12.3 A series of short sound signals will be made to advise competitors a warning signal is imminent.

13 CHANGE OF POSITION OF MARKS

There will be no changes of the position of a mark by the race committee after the start of a race. This amends RRS 33.

14 TIME LIMIT

There shall be no time limit for races. However the race committee may abandon a race for any reason. This amends RRS 32.

15. PROTESTS

- 15.1 Protests and requests for redress that deal with scoring and other matters that do not arise from incidents in the racing area shall be notified to the race office within 30 minutes after the finish of the last boat in the last race of the day. However boats are required to notify the race officer as soon practicable.
- 15.2 The PC may refuse to hear a protest or request for redress unless its outcome is relevant to progress to, but not seeding in, the next round of the competition. This amends RRS 63.1.
- 15.3 When the race umpires together with one other umpire (when available) decide that a boat has broken rule 14 and there is damage or injury, they may penalize her team by half a race win without a hearing. The boat will be informed as soon as practical and may request a hearing. Any penalty after a hearing will be in accordance with RRS D3.1(d). This amends RRS 63.1.
- 15.4 When a competitor breaks SI Appendix C 2.2, or 2.3, the competitor's team will be penalized one race win without a hearing. This amends RRS 63.1.
- 15.5 When the PC decides that a breach of a rule has had no significant effect on the outcome of a race, it may make any arrangement it decides is equitable, which may be to order a resail or to impose no penalty. This amends RRS 64.1 and D3.1.

16 CODE of CONDUCT

Competitors shall comply with any reasonable request from any official, including attendance at official functions, and shall not behave so as to bring the event into disrepute. The penalty for breaking this sailing





instruction is at the discretion of the Protest Committee and may include exclusion from further participation in the event, the withdrawal of any prize money or the withholding of deposits.

Attachments:

SI Appendices: A: Event Format

B: Race Schedule;C: Handling Boats;D: Equipment List;

E: Team Racing Damage Penalties;F: FIV Prescriptions – only for Italians;

SI APPENDIX A - EVENT FORMAT

1 Stage One - Round Robin

- (a) the Teams will be pre-ranked by the OA.
- (b) Each Team sails each other Team once.
- (c) The 4 highest ranked teams will proceed to stage 2, the others to stage 3.

2 Stage Two - Semi-finals knockout

- (a) The best ranked Team in the stage 1 will choose his opponent.
- (b) The remaining two Teams shall sail each other.
- (c) Teams will draw for boats.
- (d) The first two teams to score at least 2 points shall proceed to stage 6, the others to stage 5.

3 Stage Three - 5th to 8th knockout

- (a) The team ranked 5th in the stage 1 will sail the team ranked 8th.
- (b) The remaining two Teams shall sail each other.
- (c) The first two teams to score at least 1 points shall proceed to stage 4b, the others to stage 4a.

4 Stage Four - 5th to 8th knockout

- (a) The two losers of stage 3 will sail each other for 7th-8th place.
- (b) The two winners of stage 3 will sail each other for 5th-6th place.
- (c) In both matches, the winner will be the first team to score at least 1 point.

5 Stage Fifth - Petit Final

- (a) Teams will draw for boat.
- (c) The first team to score at least 2 points shall be ranked 3rd, the other 4th.

6 Stage Sixth - Final

- (a) Skippers will draw for boat.
- (c) The first skipper to score at least 2 points shall be the winner, the other 2nd.

The organising committee may vary the format, terminate or eliminate any stage, when conditions do not permit the completion of the intended format.





SI APPENDIX B - RACE SCHEDULE

It will be provided at first day race briefing on a separate sheet.

SI APPENDIX C - HANDLING BOATS

1 GENERAL

While all reasonable steps are taken to equalize the boats, variations will not be grounds for redress. This changes RRS 62.

2 PROHIBITED ITEMS and ACTIONS

Except in an emergency or in order to prevent damage or injury, or when directed otherwise by an umpire, the following are prohibited:

- 2.1 Any additions, omissions or alterations to the equipment supplied. In particular the cutting or shortening of any sheets, control lines or other running rigging.
- 2.2 The use of any equipment for a purpose other than that intended or specifically permitted.
- 2.3 The replacement of any equipment without the sanction of the RC.
- 2.4 Sailing the boat in a manner that it is reasonable to predict would cause significant damage.
- 2.5 Moving equipment from its normal stowage position except when being used.
- 2.6 Boarding a boat without prior permission.
- 2.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC.
- 2.8 Hauling out a boat or cleaning surfaces below the waterline.
- 2.9 Using a flattener as a reef.
- 2.10 Attaching lines to the fabric of spinnakers.
- 2.11 Perforating sails, even to attach tell tales.
- 2.12 Radio transmission (including mobile telephones), except to report damage or in response to a request from the RC.
- 2.13 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 2.14 Using a winch to adjust the mainsheet, backstay or vang.
- 2.15 Using a reef line as an outhaul.
- 2.16 Cross winching foresail sheets.
- 2.17 Omitting any headsail car or turning block before sheeting onto a winch.
- 2.18 The use of electronic instruments other than compass and watches.
- 2.19 Using the spinnaker pole to wing out the foresail.
- 2.20 Attaching the spinnaker pole to the shroud or shroud turnbuckle at any time.
- 2.21 Marking directly on the hull or deck with permanent ink.
- 2.22 The use of the shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard except to enable the more efficient trimming of a foresail.
- 2.23 A breach of SI Appendix C 2.22 is not open to protest by boats but may be subject to action by Umpires. This changes RRS 60.1.

3 PERMITTED ITEMS and ACTIONS

The following are permitted:

- 3.1 Taking on board and making appropriate use of the following equipment:
- (a) basic hand tools consisting of knife, pliers and screwdrivers but excluding hammers and saws.
- (b) adhesive tape
- (c) line (elastic or otherwise of 4 mm diameter or less)
- (d) tell tale material
- (e) notebook
- (f) watch, timers and hand held compass
- (g) shackles and clevis pins
- (h) Velcro tape







SI APPENDIX D- EQUIPMENT LIST

1 The following non-fixed items, provided by the OA, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the daily damage report.

SAILS and SAILING EQUIPMENT Mainsail and set of battens Jib One winch handle Two headsail sheets Tiller extension

SAFETY GEAR 4 Life jackets Bucket Handheld Plastic Bailer Sponge

TOOLS
1 Red flag on a stick
1 White flag on a stick

MOORING LINES and FENDERS 2 mooring lines 2 fenders Towing rope

GALLEY EQUIPMENT Lunch box as provided by the organisers





SI APPENDIX E – Team Racing Penalties for Damage resulting from contact between boats

Appendix D1.2(d),2, D2.3(d) and D3.1(d).3, permits the protest committee to decide the penalty when a boat breaks RRS 14. This document explains how damage will be assessed and gives general guidance on the appropriate penalty.

When the protest committee has good reasons to do so, it may apply a different penalty.

Damage will be divided into 3 levels.

Level	Extent	Effect
Level A - Minor Damage	Does not significantly affect the value, general appearance or normal operation of the boat.	Boat may race without repair although some minor surface work may be required after the event. Repairs should not normally require more than 1 hour of work.
Level B - Damage	Affects the value and/or general appearance of the boat	The damage does not affect the normal operation of the boat in that race but may need some (temporary) work before racing again. Requires more than 1 hour of work but should not normally require more than 3 hours of work.
Level C - Major Damage	The normal operation of the boat is compromised and its structural integrity may be impaired.	The boat will need some repair work before racing again. Requires more than 3 hours of work.

Point Penalties - to be applied without a hearing (this amends RRS D2.3(d));

Level	Round Robin	Knock Out
Α	None	None
В	Half race point	Half race point
С	One race point	One race point

When all boats involved break RRS 14, they should all receive a points penalty. If a competitor requests a hearing after a points penalty has been imposed, the protest committee may decide (in the hearing) to give a greater penalty.

Deductions from Damage Deposits

The assessment of damage level is only for the purpose of points penalties, and is not linked to any deductions from the competitor's damage deposits.

Any points penalty will be based on the assessment of damage level made on the water. Subsequent assessments of the damage level after closer inspection, whether the level turns out to be higher or lower, will have no effect on the points penalty given on the water.





SI Appendix F

FIV PRESCRIPTION PART 6- ENTRY AND QUALIFICATION Rule 75 – ENTERING A RACE Prescription to Rule 75.2

The Italian Sailing Federation prescribes: current FIV regulations are to be followed when accepting entries; the Italian competitors must hold a valid and current FIV Membership and the owners of boats of recognized classes, including offshore must also hold a valid and current FIV Membership, even if they are not sailing the race.







Porto Cervo July 2-6, 2014

NOTICE OF RACE

1 ORGANIZING AUTHORITY

The Invitational Team Racing Challenge is organized by the Yacht Club Costa Smeralda (YCCS).

For information please apply to:

Yacht Club Costa Smeralda

07021 PORTO CERVO (OT), Sardinia – Italy

Tel. +39/0789/902200| Fax +39/0789/91213| E-Mail: secretariat@yccs.it| Web site: www.yccs.com

2 RULES

The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, including Appendix D. Team

Racing Rules.

3 BOATS

Bavaria BOne boats will be provided by the O.A. Standing rigging shall not be adjusted, except by direction of the Organizing Authority.

4 TEAM

Each competing team shall consist of skippers and crew for two boats with four crew per boat (including the skipper). Participants must be members, spouses or dependents of members of the club that they represent and no professionals sailors are allowed on board.

5 CREW WEIGHT

There will be no weight limit.

6 ADVERTISING

Boats and their crew shall comply with ISAF Regulation 20, Advertising Code.

7 ELIGIBILITY AND ENTRY

Entry is by invitation and 7 entries will be accepted on chronological base. The Entry Form (Annex 1 attached) and entry fees must be received by the Yacht Club Costa Smeralda (YCCS) Race Office no later than April 1, 2014, to confirm entry in the event. The official website of the event is: www.yccs.com

8 FEES

The entry fee is Euro 1.500 per team to include social functions such as after race refreshments, a welcome party and an official Saturday night dinner. The entry fee should be paid as indicated on the entry form.





9 SAILING INSTRUCTIONS

The Sailing Instructions will be available at the YCCS Race Office upon final registration and published on the YCCS web site www.yccs.com prior to the start of the event.

10 VENUE

Racing will take place on the waters of Porto Cervo and shore activities will take place at the YCCS Clubhouse.

11 FORMAT

The planned format is multiple round robins amongst either all competing teams or groups of teams. If time permits, a knock-out series may be run as determined by the Organizing Authority. The format and number of races will be described in the Sailing Instructions and at the Participants' Meeting and may be adjusted by the Organizing Authority due to weather and time considerations.

12 SCHEDULE OF EVENTS

Wednesday, July 2	1100-1600	Practice and Registrations
	1900	Official Briefing
	2000	Welcome party
Thursday, July 3	1000	Day Race Briefing
	11.30	Races
Friday, July 4	1000 1130 2000	Day Race Briefing Races Cocktail reception and Dinner
Saturday, July 5	1000 1130 2000	Day Race Briefing Races Regatta Dinner and Prize giving
Sunday, July 6	1000 1130 1330	Day Race Briefing Races (Reserve day for the finals or Sunday Fleet Race) Farewell brunch party

The Race Committee will endeavor to race the semifinals and finals on Saturday.

13 COURSE

Courses will be as diagramed in the Sailing Instructions.

14 SCORING

Scoring will be in accordance with Appendix D, except as modified by the Sailing Instructions.

15 UMPIRING

The races will be umpired in accordance with Appendix D, as modified by the Sailing Instructions. Teams may be asked to provide a competitor(s) to assist the umpires when off rotation.

16 PROTESTS

When practicable, protests will be heard on the water, as modified by the Sailing Instructions.





17 WAIVER AND DAMAGE DEPOSIT

All skippers will be required to provide a euro 1.000 damage deposit prior to the start of racing by providing credit card information. The deposit is a per-incident maximum. If a skipper has more than one incident, he or she is then liable for up to euro 1000 for each individual incident. Skippers should be aware that while the O.A. will attempt to identify all damage at the post-regatta inspection, often this is not possible due to the nature of the damage. The skipper is responsible for all damage, even if it is discovered only after the post-regatta report is completed and signed. In the event that there is material damage not covered by insurance and no one acknowledges responsibility (e.g., crews are rotated among the boats and no one reports the damage), the cost of repairs will be charged to all the designated skippers on a prorated basis.

18 DISCLAIMER

Competitors agree to be bound by International Sailing RRS 2013/2016, by the SI and the NoR. Competitors agree to take any and all responsibility for the nautical qualities of their yacht, the rigging, the crew's ability, and the safety equipment. Competitors also agree to take any and all responsibility for damages caused to third persons or their belongings, to themselves or to their belongings, ashore and at sea as a consequence of their participation in the regatta, relieving of any responsibility the O.A. and all persons involved in the organization under whatever qualification and to accept full responsibility for the behaviour and dress of the yacht's crew, representatives and guests. Competitors are to be acquainted with ISAF Part 1 Fundamental Rule 4: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone". In any case I agree that the YCCS, the sponsors and their agents have no responsibility for loss of life or injury to members or others, or for the loss, or damage to any vessel or property.

19 PHOTOGRAPHS AND TV RIGHTS

Competitors hereby grant the O.A., the unrestricted right and permission to use the name and the text, photography or video footage of either themselves or the yacht they are sailing during the event, to be published or broadcast in any media whatsoever (including but not limited to Press and TV advertisements or Internet), for either editorial or advertising purposes or to be used in press information, in this respect, competitors' names and biographical material may also be used or reproduced in any way known.

20 FURTHER INFORMATION

For further information, please apply to: YCCS Race Office - +390789902200 secretariat@yccs.it



